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## HANDS-ON KNOWLEDGE

IN DAY 2 OF A THREE-PART SERIES, WE TAKE A LOOK AT HOW THE CITY OF EDMONTON LICENSES BODY RUB PARLOURS AND EDUCATES THEIR WORKERS ON THEIR RIGHTS **PAGES 10 & 11**

## Pricey budget appeal a no-go

London Police Services won't be appealing the 2014 budget, partly because of the process's high cost

**PAGE 3**

## Avoiding corpse pose



Not getting enough exercise? Find out how to sneak in at least 10 minutes of activity a day, even at work. Use Metro AR to learn an office-approved yoga move

**PAGE 18**



## STOLARZ CLEARED FOR CUP

London Knights goalie Anthony Stolarz has been given the go-ahead to rejoin his teammates for the Memorial Cup, beginning May 16 in London. Stolarz was given an eight-game suspension for a high-sticking incident against Windsor, but the final two games have been waived. Story, page 20.

AARON BELL/OHL IMAGES

# Grocery store a possibility for city's core

## Social enterprise.

Community asked for ideas about a biz that would employ those with disabilities

## Quoted

**"If they can pull off a social enterprise that brings us a grocery store then more power to them."**

Janette MacDonald, executive director of Downtown London business association



**MIKE  
DONACHIE**

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Like the idea of a grocery store downtown?

If you answered yes, you're not alone. It could even happen.

Staff at ATN Access and Pathways Skill Development are looking into opening a store as a social enterprise. It would provide opportunities for people who find it hard to get jobs, like workers with disabilities.

There's support from the Downtown London business association, where executive director Janette MacDonald praised the organizations for their widespread public consultation.

But, as the public were asked about the idea, it became clear it wasn't so simple.

"The idea started from ex-

ploring the possibility of setting up a grocery store in either the downtown area or the Old East area," said Nickolaas van der Velde, business development and marketing specialist with ATN Access. "We're starting to understand that in some areas that might not be the best approach, a grocery store, so we're looking at some niches that we could fill. We're looking at a range of ideas and we're talking to a lot of people."

Those "niches" could be a grocery store — big or small — or some sort of food processing business, showcasing local ingredients. But it must be viable, van der Velde said.

"It's important to understand what the market wants," he said.

"With a lot of social enterprises, they have such a passion for what they want to do in society but they fail because they don't have the business capacity to sustain themselves."

Another possibility is to look into a business incubator, encouraging entrepreneurs, because self-employment is often a good employment solution for people with disabilities.

Even if it's a store, it will be a gathering point for the people who need help, ATN community researcher Bethany Innes-Mjia said.

"We're asking, not telling," said ATN executive director Vicki Mayer, as she and her colleagues explained the ambitious consultation exercise underway across London.

Already, 670 people have expressed their opinion in the last five weeks, in person, online or over the phone, and the next stage is focus groups. Once they know what people want, the next step is a feasibility study and business plan.

There's also the need to secure government funding, although Mayer is positive about gaining provincial support.





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New scheme

## Community CarShare spaces approved

City council signalled support Tuesday night for a carshare scheme about to begin in London.

Community CarShare, which launches May 1, is to benefit from six city-owned parking spaces for their cars. Three will be in Old East Village, two downtown and one near the intersection of Oxford and Richmond streets.

METRO

Tourism value

## Brewery's holiday request is granted

The Labatt Brewery can open on holidays, after council granted a special request Tuesday night.

It had applied for an exemption under the laws regulating retail sales and other business on holiday weekends, citing its value for tourism. METRO

Hike in price

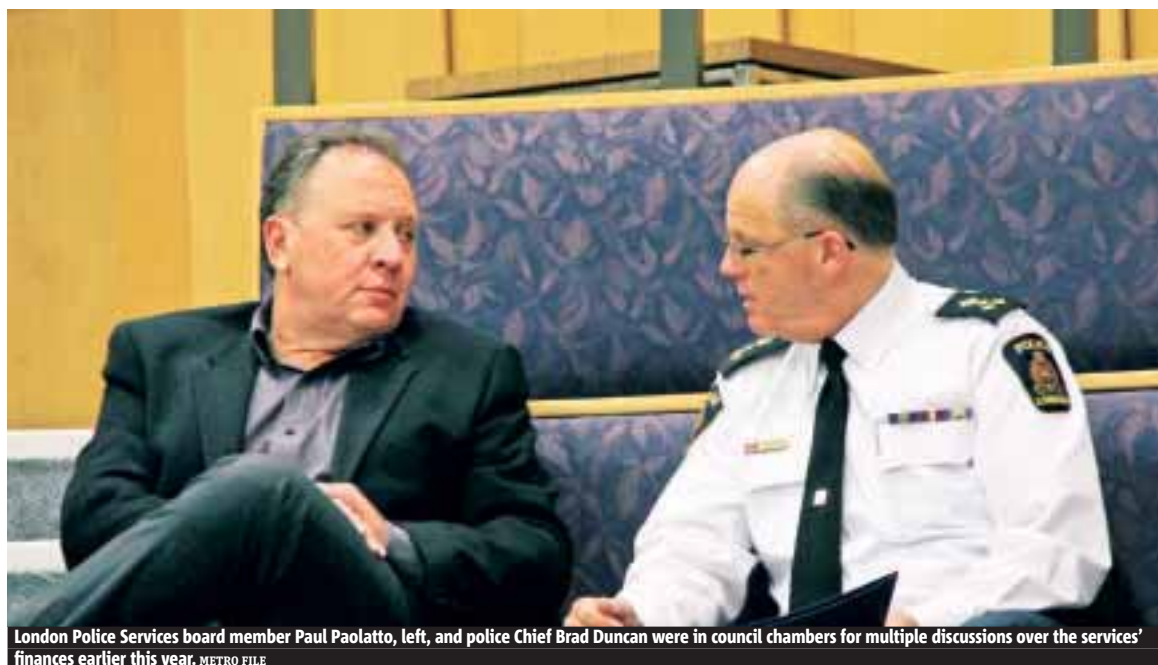
## Development charges could rise

There was no controversy Tuesday as council agreed to the next step in raising London's development charges.

It endorsed a committee decision to ask the public about plans to hike the charges paid by developers. The money goes into capital projects across the city.

If approved, the change will mean rates for a single family home will go up from \$23,716 each to \$28,143.

METRO



London Police Services board member Paul Paolatto, left, and police Chief Brad Duncan were in council chambers for multiple discussions over the services' finances earlier this year. METRO FILE

# Police board drops budget appeal threat

**Funds.** Process would have been too costly, official says



SCOTT TAYLOR  
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The London Police Services Board won't appeal its 2014 budget to the Ontario Civilian Police Commission because of the projected expense of the fight and the divisiveness it would have caused, said one of its members.

The board fought for a 3.3

per cent funding increase, but city council could only agree to go as high as 2.9 per cent, or about \$636,000 less than the force wanted.

Throughout the budget process, which often became heated, Chief Brad Duncan and board chair Michael Deeb stressed the need for the full amount in order to stave off service cuts and layoffs.

They also warned on numerous occasions that if they received anything less than their request they'd have little choice but to appeal the budget to the civilian police commission, which has the power to reject a police budget if there are con-

At a glance

- According to London police, 95.4 per cent of the requested 2014 budget increase was to go toward salaries and benefits laid out in employee contracts.

ing so could have run between \$100,000 and \$200,000.

He said council demonstrated a willingness to compromise to the point where the board felt it should do so as well, especially as it gears up to negotiate the next contract with officers.

"Had we still had a couple of years left on the contract or if the gap between our request and council's decision remained too wide, the board's ability to absorb the arbitrary reduction in our budget request through reserves would have been much more difficult," he told Metro.

Next year, he warned, it will be impossible.

cerns for public safety due to a lack of officers or services.

Although police will have to dip into reserves to cover the expected 2014 shortfall, the OCPC trigger was never pulled. Board member Paul Paolatto said the expense of do-

1 NEWS

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Ashley Phillips walks Panda, left, and Ally in downtown London on Tuesday. They're both legal and licensed, by the way. MIKE DONACHIE/METRO

## Barely legal pets to face crackdown

### May 20 deadline.

City allows temporary amnesty to encourage Londoners to license their animals



MIKE DONACHIE  
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It's time to come out of hiding, the city is saying to its thousands of unlicensed pets — and their owners.

Bylaw enforcement officials have declared an amnesty, for barely a month, on the fines for having dogs or cats without a licence.

And, it appears, there are plenty of them.

Orest Katolyk, chief muni-

icipal law enforcement officer, said the city has 12,000 cats registered as licensed but estimates there are 90,000 cats in London. The equivalent numbers for dogs are 27,000 registered and about 45,000 believed to be in the city.

That means there could be nearly 100,000 unlicensed pets out there, each one with the potential to earn its owner a fine. The fine for having an unlicensed dog is \$90, and for cats — yes, even if they're indoor cats — it's \$70.

"We're asking citizens to spay/neuter their animals and get them licensed," Katolyk said. "The benefit of licensing is, if your animal gets lost, the possibility of them getting home successfully is a lot higher."

So the city's suspended the

### Sniffing dangerously

## 96,000

The estimated number of unlicensed cats and dogs in London. Source: City of London

fines, but only until May 20. That's when the crackdown begins, with staff promising to step up patrols around the city and doling out fines.

The money brought in will go towards animal welfare projects like extra dog parks, with sites to be announced, and the new cat adoption centre the city's planning.

Licences can be renewed at city hall or at London.ca, but new applicants are asked to go to the animal care centre at 121 Pine Valley Blvd.

## Woodstock police chief to hang up his uniform

After 38 years in law enforcement, Woodstock police Chief Rod Freeman will lay down his badge for good when he retires at the end of this year.

Freeman has been chief in Woodstock since 2009 but began his career in 1978 in Timmins.

He rose steadily through the ranks in Timmins and St. Thomas before becoming chief in Fergus, Orangeville, and finally Woodstock.

He was awarded the Ontario Medal for Police Bravery for saving the life of a 13-year-old girl trapped under the Beatty Dam in Fergus in 1996 and received the Queen's Diamond Jubilee Medal in 2012 among numerous accolades.

Woodstock Police Board chair Sandra Talbot said Freeman has played a critical role throughout the restructuring of the Woodstock police since 2009.

"Under his leadership, sev-



Woodstock police Chief Rod Freeman is stepping down. CONTRIBUTED

eral high-profile investigations have been brought to successful conclusions. Chief Freeman has served our community with skill, talent and integrity," she said.

Freeman said he's honoured

to have served the city for the past seven years, first as deputy chief, then as chief of police.

The board will begin the search for Freeman's successor in the coming weeks.

SCOTT TAYLOR/METRO

### \$168,000 shortfall

#### Police funding request rejected

There was a straight refusal from London's council Tuesday night for a police request for extra money.

City cops raised eyebrows at city hall after asking for \$168,000 to meet a shortfall in their 2013 budget and, at committee meetings last week, council members made it clear they didn't like the idea.

Council made no comment and all 14 members present — Coun. Bill Armstrong was absent — agreed that the request should be refused. MIKE DONACHIE/METRO

### Health concerns

#### City to investigate risks of wood-burning stoves

City staff will look into regulating the installation of wood-burning stoves in homes in London, after a council decision Tuesday night.

Coun. Sandy White brought the topic to colleagues, citing concerns about the stoves' potential health risks.

"There is some concern in some neighbourhoods," White said. "People are not as mindful."

MIKE DONACHIE/METRO

### Suspicious timing?

#### Liberals announce Ont. budget date

Ontario's governing Liberals say they'll table their crucial budget on May 1.

It's a high-stakes spending plan that could trigger an election if the minority government can't win the support of at least one opposition party.

Finance Minister Charles Sousa announced the date at the same time the province's top civil servant was set to testify about the alleged wiping of hard drives in the premier's office as part of the gas plant scandal. THE CANADIAN PRESS

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# Mayor launches cleanup effort

**Just in time for the Memorial Cup.**  
City's 19th annual environmental campaign kicks off



**MIKE DONACHIE**  
mike.donachie@metronews.ca

It's time for London to shine, says the mayor, as the city prepares for the Memorial Cup.

Budweiser Gardens was an appropriate venue for Tuesday's launch of the 19th annual London Clean and Green campaign, the citywide effort to improve the environment.

As city recycling chief Jay Stanford revealed The 12 Days of Cleaning — a series of themed days, each with a different message — Mayor Joe Fontana was on hand, calling for people to get involved in making the city presentable

for the hockey tournament, which runs from May 16 to 24.

"I'm going to ask that you do something really special, because there's going to be a lot of people coming to our city," Fontana said at the launch event. "I'm going to ask something of our downtown, of our people, to make our city look like it's never looked before, for the Memorial Cup."

Stanford praised all the groups and businesses that have been involved over the years, saying thousands of Londoners have helped clean up the city.

A new element this year is an interactive map, at [cleangreen.london.ca](http://cleangreen.london.ca), where people can "pin" their cleanup events, add details and invite others to join in. The city will post its own events, too.

"We've got 30 days to get this city ready (for the Memorial Cup)," Stanford added.

Community involvement

## 12 Days of Cleaning

The city's running 12 themed days for London Clean and Green.

- It all leads to the Community Cleanup Day on April 26 with neighbourhoods asked to turn out in force.
- Visit [cleangreen.london.ca](http://cleangreen.london.ca) for the full schedule.

plays a big part in the effort. Representing the Urban League of London at the Clean and Green launch was George Sinclair, who encouraged people to ask their neighbours to play a role.

And the city's asking groups to look at its new Adopt-a-Street program, which encourages cleanups and environmental improvements.

Mayor Joe Fontana, left, and Jay Stanford, the city's director of environment, fleet and solid waste, conquered a tonne of tires Tuesday as they launched Clean and Green downtown. The 110 tires were later recycled as part of a green success story outlined at the launch event by Steve Fletcher of the Ontario Automotive Recyclers Association. Ontarians now recycle more tires than the province produces, he said. **MIKE DONACHIE/METRO**

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# Flu rebounds when it should be waning

## Influx of new cases.

Expert says weather may have caused people to let their guards down



SCOTT  
TAYLOR

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Like the winter that won't go away, the 2013-14 flu season is also hanging on with grim resolve in London.

At a time of year when flu reports traditionally begin to

wane, 33 people in Middlesex County contracted the virus last week. That's an increase of nearly 150 per cent from the previous week's new case total of 23.

"In fact, we saw more last week than the previous two," said Tristan Squire-Smith, the Middlesex-London Health Unit's manager of infectious disease control. "Last year was a record-setting year.

"We have fewer cases overall than last year — fewer hospitalizations, fewer outbreaks, fewer deaths — however, by this time last year, the number

of cases had started to peter out already."

Squire-Smith said it's hard to pinpoint why the flu spiked last week but suggested the warmer weather might have played a role by causing people to let their guards down.

"People ... have sort of let lapse their coughing and sneezing etiquette and maybe they're not washing their hands like they once were," he said.

Vaccinations are still being administered at the health unit at 50 King St.

Squire-Smith said it's still

## By the numbers

According to the Middlesex-London Health Unit, this flu season saw:

- 308 cases reported
- 154 hospitalizations
- Nine deaths

a good idea to get a shot, as the vast majority of those who caught the flu this season did not receive the vaccine.



## United church reaffirms its commitment to openness

Jo Ann Silcox, left, the chair of council at First-St. Andrew's United Church, and Rev. Kate Crawford are lauding a recent designation, spearheaded by volunteers, that makes the Queen's Street church an official Affirming Ministry. While its doors were already open to those of all sexual orientations, the new designation further publicizes its policy to offer membership, leadership and rituals of the church, including marriage, to the LGBT community. "It's something our congregation holds very dear — our own identity around being a welcoming and inclusive congregation," Crawford said. SCOTT TAYLOR/METRO



Kathleen Wynne THE CANADIAN PRESS

## Wynne delivers on lawsuit threat

Premier Kathleen Wynne is pressing ahead with a libel suit against the province's Opposition leader, seeking \$2 million in damages.

The lawsuit stems from Progressive Conservative Leader Tim Hudak's comments late last month suggesting that Wynne "possibly ordered" the alleged destruction of government docu-

ments tied to the gas plant scandal.

A spokeswoman for Wynne says a statement of claim was delivered today to Hudak, Progressive Conservative MP Lisa MacLeod and the PC Ontario Fund.

Wynne had said earlier that she would withdraw her suit if Hudak apologized and retracted his claim, but that

didn't happen.

The premier's office says the suit will not be pursued further if the Progressive Conservatives apologize and retract their comments.

It also says that any damages received through the suit will be given to charity, but any expenses incurred will be covered by Wynne's Liberal party. THE CANADIAN PRESS

## College performance survey. Fanshawe mostly above provincial average

About 86 per cent of Fanshawe College students are finding work within six months of graduation, slightly more than the provincial average of about 83 per cent, according to a survey of performance indicators at Ontario colleges.

The college's graduation rate now sits at nearly 71 per cent, up about a percentage point from last year and about five per cent above the provincial average, the survey says.

Colleges across the province are required to collect and report performance data annually. Along with graduation and employment rates, the survey monitors the satisfaction level of graduates, stu-

## Top performers

Algonquin College ranked first in each of the five main areas graded by the latest survey of performance indicators for Ontario colleges.

- Collège Boréal was second in each category.
- Cambrian College was third in each category.

dents and employers.

Data for the most recent survey was collected from March 2013 to February 2014. METRO

## Beating death

### Prison guards, supervisor head to court next month

Two Elgin-Middlesex Detention Centre guards and a supervisor will be back in court next month to answer criminal charges that they played a role in the beating death of an inmate.

Lawyers for Gregory Langford, 55, Leslie Lonsbary, 47, and 52-year-old Stephen Jurkus appeared in a

London courtroom Tuesday. The matter has been held over to May 13.

They are accused of failing to provide the necessities of life after Adam Kargus, 29, of Sarnia was found dead in a shower area on Nov. 1.

Kargus's cellmate, 28-year-old Anthony George, has been charged with second-degree murder.

The police investigation included interviews with EMDC staff and inmates as well as a review of video from within the institution.

SCOTT TAYLOR/METRO

## Equal Pay Day. Report shows slow progress for Ontario gender wage gap

Queen's Park is proclaiming its first Equal Pay Day on Wednesday to raise awareness of the earnings gap between men and women in Ontario.

The day is calculated each year in countries around the world to mark the extra time it takes a woman to earn as much as a man.

Based on the latest available data, men in Ontario earned an average of \$49,000 in 2011, while it took women until April 16 the following year to earn the same amount, according to a new report from the Canadian Centre for Policy Alternatives.

Women's average annual earnings were just \$33,600.

The earnings gap grew from 28 per cent in 2010 to 31.5 per cent a year later, the report notes.

Men's average annual earnings increased by about

## Slow and steady?

"At this rate and the progress we've made to date, it will be 52 years before we get to 100 per cent (pay equity)."

Mary Cornish of the Equal Pay Coalition

\$200, while women's average earnings dropped by \$1,400, the report says.

"Women are clearly paying the price of inaction," said human rights and labour lawyer Mary Cornish, the report's author and head of the Equal Pay Coalition.

Ontario needs a plan to achieve gender pay equity and a deadline to get there, similar to the province's accessibility and anti-poverty strategies, she noted.

TORSTAR NEWS SERVICE



## Senate scandal. Mounties say they're not charging PM's former chief of staff

RCMP officials say Nigel Wright, former chief of staff to Prime Minister Stephen Harper, won't face criminal charges in connection with the ongoing Senate expenses scandal.

Wright resigned as Harper's right-hand man after it was disclosed he wrote a personal cheque for \$90,000 to Mike Duffy to allow the disgraced former senator to repay disallowed housing expenses.

Investigators now say the evidence gathered "does not support criminal charges" against Wright.

In a statement distributed Tuesday by lawyer Peter Mantas, Wright sounded a note of vindication.

"My intention was to secure the repayment of taxpayer funds. I believed that my actions were always in the public interest and lawful," Wright said. "The outcome of the

### Quoted

**"Upon completion of the investigation, we have concluded that the evidence gathered does not support criminal charges against Mr. Wright."**

RCMP statement

RCMP's detailed and thorough investigation has now upheld my position."

The news also prompted a brief statement Tuesday from the Prime Minister's Office.

"We are pleased the RCMP has made progress in their work," it said.

"The Prime Minister's Office will continue offering every possible assistance to the RCMP's investigation."

THE CANADIAN PRESS

## Saskatchewan. Right-wing activists arrested handing out literature at university

A pair of controversial political activists — one an American who opposes gay rights, the other a Canadian who opposes abortion — have been arrested at the University of Regina.

Police approached Peter LaBarbera and Bill Whatcott as they were handing out pamphlets on campus Monday, telling them to leave or be arrested.

After some discussion, the pair refused to move and officers took them into custody. Both were charged with trespassing, but the charges were later changed to mischief.

LaBarbera is the head of an American lobby group that has been labelled a hate group

by the Southern Poverty Law Center, while Whatcott has a history of legal troubles in Saskatchewan.

Both were in Weyburn, Sask., over the weekend to speak at an anti-abortion conference. They have been released with an order to appear in court on May 26.

Several human rights complaints were filed against Whatcott after he handed out anti-gay pamphlets more than 12 years ago. The Supreme Court of Canada found Whatcott had violated the province's human rights code and fined him \$7,500.

THE CANADIAN PRESS/CJME

### Investigation launched

## More than 60% of female inmates on mood-altering medication

Canada's prison watchdog has launched an investigation into the prescribing practices in federal prisons, after it was revealed that more than 60 per cent of female inmates across the country are receiving psychiatric medication.

A joint investigation by The Canadian Press and CBC

has learned that in August 2013, of 591 female federal inmates in five correctional institutions, 370 were being prescribed at least one psychotropic medication — drugs that impact mood and behaviour.

When separated by region, the prescription rate jumps to almost 75 per cent in prisons such as the Nova Institution for Women in Nova Scotia, the Joliette Institution for Women in Quebec and the Fraser Valley Institution for Women in British Columbia.

THE CANADIAN PRESS



Calgary police talk to potential witnesses regarding the multiple fatal stabbings in Calgary on Tuesday. LARRY MACDOUGAL/THE CANADIAN PRESS

# 'Worst mass murder in Calgary's history'

**Celebration turns into tragedy.** Cop's son charged as city reels from house party stabbing spree that left five people dead

### In shock

**"This is not something that happens here."**

Calgary Mayor Naheed Nenshi

versity of Calgary's winter semester.

"This is the worst mass murder in Calgary's history," Calgary police Chief Rick Hanson told reporters on Tuesday.

The suspect, 22-year-old Matthew Douglas de Grood, is the son of a 33-year member of the Calgary Police Service, confirmed as Insp. Doug de

Grood. Hanson told reporters he spoke with the suspect's father, who said he and his wife are heartbroken.

"They are now feeling so much sorrow.... Those young people are dead and they are absolutely devastated."

Police officers were first called to a house party in the city about 1:20 a.m. Three

people were found dead at the scene, while two more died in hospital.

Hanson said the victims included a 22-year-old man, a 23-year-old woman, two 23-year-old men and a 27-year-old man. An EMS spokesperson said at least one other partygoer was injured, but was taken to hospital in stable condition.

Calgary Mayor Naheed Nenshi was shocked by news of the slayings, saying, "This is not something that happens here."

JEREMY NOLAIS, ROBSON FLETCHER & BRYAN WEISMILLER/METRO IN CALGARY, WITH FILES FROM THE CANADIAN PRESS

## Stabbing victims were 'legendary musicians'



Josh Hunter, left, and Zackariah Rathwell, third from left, were identified as among five killed in Calgary. FACEBOOK

Friends have identified two victims in the quintuple fatal stabbing Tuesday in Calgary.

Zackariah Rathwell and Josh Hunter, both members of the band Zackariah & The Prophets, died of stab wounds inflicted during a house party early Tuesday.

"All I want to say is they

were my little brothers and I love them so much and I'll never be the same without them," said Kyle Tenove, who played in the band with the victims. "They were the best guys I've ever met and legendary musicians."

The band had just played an EP-release party over the weekend at Calgary's popu-

lar Palomino Smokehouse.

Reached at their home in Priddis, Alta., Tuesday, the Hunter family declined to speak publicly about Josh.

"Nothing to say right now," a woman who identified herself as Kelly Hunter said.

JEREMY NOLAIS, ROBSON FLETCHER & BRYAN WEISMILLER/METRO IN CALGARY



## RCMP. Officer faces charges from 1982

A senior RCMP officer has been charged with sexual offences involving a 12-year-old girl more than three decades ago.

Saskatchewan RCMP said Insp. Ronald Makar faces one count of sexual intercourse with a female without her consent and one count of having sexual intercourse with a female under the age of 14.

The charges are based on the 1982 Criminal Code and would be equivalent to sexual assault today.

"Allegations like these are disturbing when made against a member of the general public," Supt. Alfredo Bangloy said at a news conference Tuesday.

Makar has been a Mountie for 34 years. He was arrested Tuesday morning at the Wood Buffalo detachment in Fort McMurray, Alta., and has been suspended with pay.

Bangloy said a woman filed a statement last year alleging that she was assaulted in the summer of 1982 by a man and a woman "who were involved in a romantic relationship."

The woman, Constance Haduik, is charged with one count of indecent assault of a female person. She was arrested at her work in Kyle, Sask. Bangloy would not say how the three were connected.

Both of the accused are to make their first court appearances June 4 in Carlyle. RCMP said if convicted, Makar would face an RCMP Code of Conduct review that could result in his dismissal. **THE CANADIAN PRESS**

# Hockey parents troll online forums to criticize players

**Online forums.**  
Ontario hockey forums are awash with nasty comments from parents criticizing young players

"How can a fat, out of shape dad have a kid who is a real athlete? Not likely."

Hockey parents in Ontario have taken to an online forum to bully young players with nasty comments such as the one above, and back-and-forth banter harshly criticizing their skill.

Network54.com is a free message board website filled with everything from basketball and hockey tryouts to video game forums, but several threads posted by Ottawa hockey parents have gotten downright nasty. One post criticizes an elite-level teenaged female AA hockey player, arguing she doesn't belong on a certain Ottawa hockey team.

"But Daddy and Mommy have pumped her head up so much that she can barely get a helmet on," the anonymous post read. Another thread entitled "AA parents who think their kids is AAA" calls out another young player as getting a "free ride," on a AAA team.

"What you have is a loser kid who can't make a team on his own merit," one post read.

Others were so shocking they were not fit to print.

Ontario Hockey Federation (OHF) executive director Phillip McKee has been aware of the site for years, but because it's anonymous and based out of California, there is nothing his organization can do.

"People who go on here anonymously aren't accountable for the words they say or the actions they say," said McKee, adding that the OHF has suspended parents and players in the past for making inappropriate remarks via Twitter or Facebook.

"As adults, we are the leaders and role models for our children. This to us as an organization is unacceptable behaviour and if they said it face to face in the rink, they would be suspended."

Hockey parent and coach Sam Seymour has three children who play hockey — one who plays AAA in the Outaouais. He said there are similar sites in Quebec and the nasty banter is just as ugly on those sites. He noted he would hate for parents to be talking about his children the way they have been about others.

"The interactions in the rinks are crazy enough that I don't know why we want something else to facilitate it," said Seymour.

Metro set up an account on the site and reached out to the parents, but nobody came forward.



Messages on Network54.com could be harmful to young players, and potentially influence their decision to stay in the game, an expert says. GETTY IMAGES

The Ontario Minor Hockey Association is introducing a mandatory "Respect in Sport" for hockey parents in the province for the 2014-15 season and

although Seymour said awareness is never a bad thing, he's not so sure it will change much.

"Taking a course doesn't change a person's innate be-

## Sports psychology

### Impacting young kids' confidence

An Ottawa developmental psychology professor says a hockey forum for parents that targets and criticizes young players could be the trigger that makes them leave the game for good.

Anne Bowker, an associate professor at Carleton University, did a study on hockey parents five years ago, attending 70 games and noting what parents were saying.

She found that most parents are positive with a "small minority" of aggressive parents shouting. "A parent expressing those kinds of negative comments can have an impact on how a kid feels about himself and whether they continue to play that sport," she said.

She thinks, or at least hopes, the online trolls are part of that minority. **TREVOR GREENWAY/METRO IN OTTAWA**

haviour, but hopefully it makes them more aware and I think people are becoming more aware of where the lines are," he said.

**TREVOR GREENWAY/METRO IN OTTAWA**

## EASTER SERVICE LISTINGS

Welcome to Easter Services at  
Saint James Westminster Anglican Church  
115 Askin St., at Wortley Rd.



**Maundy Thursday, April 17**

• The Maundy Thursday Liturgy - 7 pm

**Good Friday, April 18** • The Good Friday Liturgy - 11 am

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## Liberals

### Trudeau facing \$1.5M libel suit

Justin Trudeau and his Ontario campaign co-chair, David MacNaughton, are facing a \$1.5-million libel suit from Christine Innes.

In a statement of claim, lawyers for Innes say Trudeau and MacNaughton slandered her by claiming she'd been barred from running for the Liberal Party because of bullying and intimidation tactics. They said the allegations were an attempt to hide the real reason Innes was barred: her refusal to promise she wouldn't run against MP Chrystia Freeland.

The party's national director Jeremy Broadhurst said Innes' claim "is without merit." **THE CANADIAN PRESS**

## Nova Scotia

### Making their own beer and wine

People in Nova Scotia would be allowed to make their own wine and beer in so-called u-vint and u-brew stores under provincial legislation introduced Tuesday.

Finance Minister Diana Whalen, responsible for the Liquor Control Act, said this would allow licensing stores to ferment on premise. "We know this is a service that Nova Scotians want," said Whalen.

She said regulations to govern health and safety, licensing fees and penalties are being drafted.

Ross Harrington, who owns Wine Kitz, said he was satisfied his business would be moved out of a "grey area." **THE CANADIAN PRESS**

## U.S.-Russia in space

### Canada focusing on own duties

The head of the Canadian Space Agency, Walt Natynczyk, says sanctions taken against Russia for its invasion of Crimea are not affecting operations on the International Space Station.

NASA is continuing co-operation related to the space station, but has severed its ties with Russia and forbidden its employees from travelling there.

Natynczyk says Canada continues to work with all its partners in the space station, which include the United States and Russia.

"We're just going to focus on continued success with the responsibilities that Canada has," he said. **THE CANADIAN PRESS**



# Ukrainian military clashes with pro-Russian insurgents

**Eastern uprising.** First action since president's 'anti-terrorist operation' announced

In the first Ukrainian military action against a pro-Russian uprising in the east, government forces said they clashed Tuesday with about 30 armed gunmen at a small airport.

The clash came hours after Ukraine's acting president, Oleksandr Turchynov, had announced an "anti-terrorist operation" against the armed, pro-Russian insurgents who had seized control of numerous buildings in at least nine cities in Ukraine's restive east.

The central government has so far been unable to rein in the insurgents, who it says are being stirred up by paid operatives from Russia. The insurgents are demanding broader autonomy and closer ties with Russia.

The clashes Tuesday came at

Kramatorsk airport, just south of the city of Slovyansk, which is 160 kilometres from the Russian border. The city has come under the increasing control of the gunmen who seized it last weekend.

The precise sequence of events in Kramatorsk was mired in confusion amid contradictory official claims. Ukraine's security services anti-terrorist unit chief, Gen. Vasyl Krutov, speaking outside Kramatorsk airport, said his men managed to thwart an attack by fighters in green military uniforms without insignia who tried to storm the facility in the late afternoon.

There were conflicting reports of casualties. Yury Zhadobin, co-ordinator of a pro-Russian defence force, said two people were slightly injured and were taken to a hospital. Russian media, without sourcing, claimed anywhere from four to 11 casualties at the airport. The Ukrainian government said there were no casualties. **THE ASSOCIATED PRESS**



Pro-Russian activists make barricades in front of the gate of an airport in Kramatorsk, eastern Ukraine, Tuesday. In the first Ukrainian military action against a pro-Russian uprising in the east, government forces clashed Tuesday with about 30 armed gunmen at the small airport. SERGEI GRITS/THE ASSOCIATED PRESS

## Berlusconi sentenced to community service



A Milan court ruled Tuesday that Silvio Berlusconi will perform a year of community service for his tax fraud conviction at a centre for the elderly.

ALESSANDRA TARANTINO/THE ASSOCIATED PRESS FILE

Former Italian prime minister Silvio Berlusconi was ordered Tuesday to spend four hours a week helping the elderly to repay society for his tax fraud conviction, a sentence that imposes few restrictions on his campaigning in the upcoming European elections.

The 77-year-old three-time former prime minister cannot run in the elections due to the conviction, but he remains influential in politics as head of the Forza Italia party. His support is also crucial for a constitutional reform to abolish

the Senate sought by Prime Minister Matteo Renzi. The two men met on the eve of the court's decision in Renzi's offices, according to Italian media reports.

Berlusconi's four-year sentence for tax fraud was confirmed by Italy's highest court last summer, the first ever against the media mogul in dozens of prosecutions, and reduced to one year under a general amnesty aimed at easing overcrowding in Italian prisons. Due to Berlusconi's age and the relatively short

sentence, prison time was never likely. He was, however, booted from the Senate and given a two-year ban on running for elected office.

Berlusconi is still on trial for political corruption in Naples and under investigation in Milan for witness tampering in trials relating to sex-fuelled parties at his villa near Milan. His appeals trial for a conviction for having paid for sex with a minor and using his influence to cover it up is scheduled to open in June.

**THE ASSOCIATED PRESS**

### Court's decision

The Milan court's decision stipulated that Berlusconi must spend most of his time in the Lombard region where he lives, but permits him to travel to Rome each week.

- It also allows him to come and go from his residences in Rome and Milan between 6 a.m. and 11 p.m., freeing him to partake in the campaign.

### LGBT equality

#### India recognizes transgender rights

India's top court on Tuesday issued a landmark verdict recognizing transgender rights as human rights, saying people can identify themselves as a third gender on official documents.

The Supreme Court directed the federal and

state governments to include transgender people in all welfare programs for the poor including education, health care and jobs to help them overcome social and economic challenges. Previously, transgender Indians could only identify themselves as male or female in all official documents.

There are an estimated three million transgender people in India.

**THE ASSOCIATED PRESS**

### Syrian civil war

#### Security Council views ghastly photos of victims

The UN Security Council fell silent Tuesday after ambassadors viewed a series of ghastly photographs of dead Syrian civil war victims, France's ambassador said.

The pictures showed

people who were emaciated, with their bones protruding, and some bearing the marks of strangulation and repeated beatings, and eyes having been gouged out.

France, which hosted the presentation at the Security Council, said the photographs are evidence of war crimes by the government of Syrian President Bashar Assad.

**THE ASSOCIATED PRESS**

### Flight 370

#### Sub aborts first search mission

A robotic submarine hunting for the missing Malaysian jet aborted its first mission after only six hours, surfacing with no new clues when it exceeded its maximum depth along the floor of the Indian Ocean, officials said Tuesday.

Search crews sent the

U.S. navy's Bluefin 21 into the depths Monday to begin scouring the seabed for the missing plane after failing for six days to detect any new signals believed to be coming from its black boxes.

The data collected by the sub was later analyzed and no sign of the missing plane was found, the U.S. navy said. Crews were hoping to send it back on another mission later Tuesday.

**THE ASSOCIATED PRESS**

Last December, the Supreme Court of Canada ruled unanimously that the country's prostitution laws are unconstitutional. The federal government was given a year to decide next steps. In the meantime, "red lights" across the country are operating in a grey zone, as sex workers, local governments and the public wait to see what will happen.

# Sex ed: City-run class all about knowledge

For Day 2 of our three-part series, Metro Canada takes a look at how Edmonton has been actively regulating 42 massage parlours in its jurisdiction, with rules about their location, hours of operation and even requiring those who work there to complete a city-run class. We also find out what a massage therapist thinks about establishments that offer rubs, tugs and sometimes more.



**RYAN TUMILTY**  
Metro in Edmonton

Every two weeks, another 10 to 15 women join Edmonton's sex trade.

In a city-run information course, they take the last step towards being licensed to work in one of Edmonton's body rub parlours.

After a criminal record check is complete they take part in the three-hour class and become licensed to work in one of the parlours. Sarah Croll, a municipal enforcement officer, is part of the group that oversees these classes that she says give out fundamental information sex workers need.

"Knowledge is really important for those who have either never worked in the industry before or workers who just were never told," she said.

In addition to tutorials on bylaws and provincial employment standards, class attendees can also get tips on declaring income and taxes.

Kate Quinn, from Edmonton's Centre to End All Sexual Exploitation, says the class is a way of making sure the women entering the parlours know their rights.

"We are able to inform them about what they are getting into, so kind of eyes wide open, these are the realities and here are some facts," she said.

Quinn said women entering the sex trade often don't understand that they have rights.

"You have the right not to be sexually assaulted and this is what sexual assault looks like," she tells the women in the class. "You have rights

## Enforcing the law



Garry Dziwenka, Edmonton's director of licensing, holds up the poster that must be visible in the city's body rub parlours. The posters have information for sex-trade workers on resources they can turn to, along with rules on how parlours must be run. RYAN TUMILTY/METRO IN EDMONTON

## Working to prevent exploitation

In 2009, Edmonton police laid the first human trafficking charges in the city's history after three women were discovered working under extreme conditions at a local body rub parlour.

Located on the north end of the city, Sachi Professional Massage and Spa was raided by police, who called the conditions of the victims "modern-day slavery."

Ranging in age from 21 to 41, the three women worked and slept in the same room in

the parlour, which was open 24 hours a day, seven days a week. City regulations have since changed, limiting the hours of operation at body rub parlours to 7 a.m. to 11 p.m.

According to police, the women came to Canada legally from Beijing and Fiji after answering a newspaper ad for a job in the massage industry.

While three people were charged in connection to the case, ACT Alberta, an advocacy group that works with police and other local stakeholders to address human trafficking in the province, reported all charges were dropped because victims refused to testify.

LEAH GERMAIN/METRO IN EDMONTON

if you become a victim of crime."

Croll regularly visits the city's licensed parlours to introduce herself to women

in the industry, hopeful that this familiarity will make it easier for individuals to come to her and other enforcement officers for help later, if neces-

sary.

"It's a really good chance for us to build a relationship before we actually venture out into the studios," she said.

## Under the law. 'It's just another licence'

Despite the recent Supreme Court of Canada decision, selling sex is still illegal in Canada. Yet in some of Edmonton's massage parlours, it's happening every day.

The city runs classes for body rub workers, regulates where businesses can be located and their hours of operation.

"The topic may generate people's strong opinions, but it's just another licence that we issue," said Garry Dziwenka, Edmonton's director of licensing.

He says the city's bylaws aim to keep workers safe above all else.

"The City of Edmonton has put in a progressive legislative model that focuses on the safety of the workers and the safety of the neighbourhoods."

The regulations call for criminal record checks and require at least two people to be working at each establishment at any given time. Parlours also must be at least 100 metres away from schools and daycare centres.

Municipal enforcement officer Sarah Croll, along with an Edmonton police officer, visit each licensed parlour at least once a month.

"We will go out to every single one of them and we will spend time checking the licences, making sure that everyone who is there is licensed to be there," she said.

"It's a very transient type of industry so we want to make sure that our list matches their list and we know where people are working should we need to get a hold of them," she said.

RYAN TUMILTY/METRO IN EDMONTON







# Legit massage therapists rubbed the wrong way

**Dividing legitimate from intimate.** Illicit body rub biz puts sexual pressure on some masseuses with above-board practices

Legitimate massage therapists say they are tired of people assuming their work comes with the same “happy ending” that body rub parlours offer.

Chandra Kastern, the assistant executive director of the massage therapists association of Alberta, said her industry faces demands for sexual services that no other health professional faces.

“You don’t go to a chiropractor and expect that or any number of other professions that involve an individual relationship,” she said.

She said massage therapists get customers who expect sex to be part of legitimate massage. It creates concerns and safety risks.

“We work in isolation so a lot of times you have an individual practitioner either in a business or a home, working on their own,” she said.

She said the industry also has to deal with the stigma created by the blurred line.

“When people hear ‘massage parlour,’ they immediately think of the less-than-above-board practice, and that stigma is what continues to drive members of the pub-



The massage therapists association of Alberta says having sex-fuelled parlours can create workplace dangers for legitimate masseuses. ISTOCK IMAGE

lic who are looking for those adult entertainment services into our businesses.”

During the 2011 federal election campaign, it was reported that then-NDP leader Jack Layton was found in a Toronto massage parlour during a police raid 15 years earlier. The worker in the parlour was a registered massage therapist, and the event prompted an open letter from massage therapists across the country.

“The insinuation that a massage therapist is anything but a health professional does nothing to validate or improve the image of the profession in the public psyche,” read the letter.

Kastern said the best solution to this problem would be for massage therapists to be regulated in all provinces, as they currently are in New Brunswick, Newfoundland, Ontario and British Columbia. She said registration would allow them to better draw a line.

Kastern said that if massage therapists were regulated

they would be able to stop people who aren’t trained from calling themselves therapists and find other ways to create clearer lines between the two industries.

RYAN TUMILTY/METRO IN EDMONTON

## Have your say

Curious what regulations exist in your city when it comes to body rub parlours? Visit [metronews.ca/features/massage-parlours](http://metronews.ca/features/massage-parlours) for an interactive map with highlights of your local bylaw.

- Parlours can be found across Canada, maybe even close to your home. Follow us @metropicks and give us your thoughts on these businesses, their workers and those who visit them. With the government looking at prostitution laws, now is your time to be heard.

## Up next in the series

### Tomorrow

We talk to one man who visits Edmonton’s massage parlours and why he thinks it’s cheaper than dating. We also speak to those who live nearby.

• **Online:** If you missed the first day of our series, visit [metronews.ca/features/massage-parlours](http://metronews.ca/features/massage-parlours) to read our interview with Elizabeth, a massage parlour worker who goes by the name Roxy when she is on the job, and our interview with a body-rub parlour owner.





## Immigration activists

## Obama urged to curb deportations

Latinos and immigration activists are warning of political peril for U.S. President Barack Obama and Democrats in the fall election unless the president acts boldly and soon to curb deportations and allow more immigrants to remain legally in America.

Deportations near the two million mark for the Obama administration.

THE ASSOCIATED PRESS

## Suspected neo-Nazis

## Life in prison for Greek killers

An Athens court has convicted two Greek men to life imprisonment for stabbing a Pakistani immigrant worker to death last year.

The court ruled Christos Stergiopoulos, 30, and Dionyssis Liakopoulos, 26, intended to kill 27-year-old Shehzad Luqman when they stabbed him.

THE ASSOCIATED PRESS



## The world prays for Boston

Boston Medical Center employees sign part of the "America 4 Boston Prayer-Canvas," which has been signed by more than 50,000 people from all 50 states and 30 nations, at Boston Medical Center's Moakley Green on Monday. MATT STONE/THE HERALD/THE ASSOCIATED PRESS

## Tobacco companies pay billions to states under settlement

**\$6 billion US annually.** Payments come amid criticism that U.S. states should be using more of the money for tobacco-prevention programs

America's top cigarette makers said Tuesday they have made about \$6 billion US in annual payments as part of a long-standing settlement in which some companies are paying states for smoking-related health-care costs.

Under the 1998 Master Settlement Agreement, participating tobacco companies agreed to make billions in payments to 46 states, Puerto Rico, the U.S. Virgin Islands, American Samoa, Guam, the U.S. commonwealth of the Northern Mariana Islands and the District of Columbia over more than two decades. States first received full payments under the settlement in 1999. It was estimated that the companies would pay up to \$246 billion over 25 years. Future annual payments also will continue in perpetuity.

The billions in annual payments come amid criticism from public health officials that states are using only a small amount of the money to fund



The Master Settlement Agreement mandates that participating tobacco companies pay some U.S. states.

JOHN MOORE/GETTY IMAGES

tobacco-prevention programs, making it harder to reduce death and disease caused by tobacco use. The settlement did not mandate that the money was to be used for anti-tobacco and stop-smoking programs.

While states on average have never spent as much the U.S. Centers for Disease Control and Prevention would like, the total has declined dramatically in recent years as states have grappled with budget deficits. Many also have raised tobacco taxes in order to increase revenue and supplement funds provided by the tobacco industry.

Philip Morris USA, the nation's largest cigarette maker

## Total payments

Philip Morris USA said it has paid more than \$66 billion US under the settlement and previous agreements since 1997. RJR has paid more than \$33 billion under the agreements, and Lorillard has paid more than \$16 billion.

owned by Altria Group Inc., said Tuesday that it made its payment of about \$3.3 billion as part of the settlement.

The Richmond-based maker of Marlboro, Virginia Slims and Parliament cigarettes said the payment includes an undisclosed amount that it says it doesn't owe that was deposited into a separate account. The company will try to get it back through negotiations or arbitration, as allowed under the settlement.

No. 2 R.J. Reynolds Tobacco Co., owned by Reynolds American Inc., based in Winston-Salem, N.C., paid \$1.77 billion this year. The maker of Camel, Pall Mall, Kool and other brands deposited a portion it disputes — \$421 million — into a separate account.

No. 3 Lorillard Inc., Greensboro, N.C.-based maker of Newport, True and Maverick brand cigarettes, paid \$1.1 billion this year, including \$93 million it disputes. THE ASSOCIATED PRESS



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# San Francisco to legalize it ... short-term rentals that is



Airbnb's Hello LA event last fall in Los Angeles. San Francisco is reportedly going to legalize short-term rentals like Airbnb. CHRIS WEEKS/GETTY IMAGES

**Airbnb.** Whether it's legal or not, residents are renting out their homes, so now the City by the Bay aims to impose some rules

Legislation set to be unveiled in San Francisco would make it legal for city residents to rent out their homes on sites such as Airbnb, but only if they have liability insurance and meet other requirements, a newspaper reported.

Supervisor David Chiu was expected to unveil the legislation on Tuesday, according to the San Francisco Chronicle. Short-term rentals are currently banned in San Francisco.

On its website, Airbnb

## New York, New York

Officials in other parts of the U.S., including New York City, have raised concerns about short-term rentals as well.

- New York's attorney general has demanded that Airbnb turn over data about N.Y.C. residents who have listed on the site as part of an investigation into whether they are breaking a state law barring sublets for fewer than 30 days if occupants are not present.

warns hosts to be aware of the laws in their city, noting that some restrict people's ability to host paying guests for short periods. **THE ASSOCIATED PRESS**

## Coca-Cola

### Pop sales fizzle for first time since '99

Coca-Cola, the world's biggest beverage maker, said Tuesday that the amount of soda it sold globally fell for first time in 15 years.

The drop in the first quarter was offset by stronger sales of its noncarbonated drinks, including Minute Maid, Powerade and Dasani.

**THE ASSOCIATED PRESS**

## CRA

### NDP demand answers on Heartbleed bug

Two New Democrat MPs have written to the minister in charge of the Canada Revenue Agency asking her to explain what they say are discrepancies in the timeline of the Heartbleed security bug. **THE CANADIAN PRESS**

## Market Minute



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# HALLELUJAH STILL STRIKES A CHORD

What is it about Hallelujah?

I'm not talking about Handel's Christmas chorus, but the wonderful (if mournful) Leonard Cohen song that has been covered more times than the national anthem.

There are more than 300 known covers, and now there's one more thanks to a surprise wedding version performed earlier this month by an Irish priest that has generated more than 26 million YouTube views.

The Pope would like those numbers. In his dreams.

Father Ray Kelly has a melodious voice and his performance, standing at the altar, is quite straightforward and lovely, mercifully free of devotional histrionics. At the end of it, he gets a standing ovation from the parishioners.

Ironically, the original is anything but holy, unless you mean Holy Cow!

Verse 2:

"Your faith was strong but you needed proof/You saw her



**JUST SAYIN'**  
**Paul Sullivan**  
metronews.ca

bathing on the roof/Her beauty in the moonlight overthrew ya.

She tied you to a kitchen chair/She broke your throne/And she cut your hair/And from your lips she drew the Hallelujah."

And that's just the part we can repeat in a family newspaper.

Obviously, Father Kelly's lyrics are more matrimonial, but his voice still captures the rapture of the magnificent chorus that the now-deceased singer Jeff Buckley first nailed in the first cover version all the way back in 1994. The original, recorded way back in Cohen's wry, dry monotone, inspired no one but connoisseurs of clever lyrics, but since Buckley's cover, it's gone on to sell more than a mil-

lion digital copies, has been ranked number 259 on Rolling Stone's 500 Greatest Songs of All Time, and a British poll of 50 songwriters listed it among the top 10 tracks of all time. John Legend, no stranger to soulful music, calls the Buckley version "one of the most beautiful pieces of recorded music I've ever

heard."

What is it about this song? Is it that "secret chord/That David played and it pleased the Lord?" Or is it the fact that Cohen rewrote the song 80 times, at times banging his head against the floor. It got to him, too.

It got to Bob Dylan, Neil Diamond and k.d. lang. It got to various American Idol, X Factor and The Voice contestants, and it got to the music producers of half the soundtracks of half the shows on TV.

It got to the Maccabees of Yeshiva University. And it got to Father Ray Kelly at a wedding in Ireland.

In a way, it's the Hallelujah Chorus of our time: bitter, mournful, ironic, haunting ... and redeeming.

The last verse sends chills down my spine:

"I did my best/It wasn't much/I couldn't feel so I tried to touch

I've told the truth/I didn't come to fool ya

And even though it all went wrong/I'll stand before the Lord of Song

With nothing on my tongue but Hallelujah. Hallelujah."

## ZOOM

### Sun, moon, Earth align



SCOTT BARBOUR/GETTY IMAGES

#### Skywatchers catch rare 'blood moon'

Sky-gazers in North and South America, Australia and New Zealand were treated to a full lunar eclipse — at least those fortunate enough to have clear skies.

The moon was eclipsed by the Earth's shadow early Tuesday, beginning around 1 a.m. EDT for 5 1/2 hours. The total phase of the eclipse lasted just 78 minutes.

For some, the moon appeared red-orange because of all the sunsets and sunrises shimmering from Earth, thus the name "blood moon."

THE ASSOCIATED PRESS



From bottom left to top right: The moon's transition during a total lunar eclipse on Monday in Miami. JOE RAEDLE/GETTY IMAGES

#### Did you miss it? Next total eclipse is Oct. 8

- It's the first of four eclipses this year and the first of four total lunar eclipses this year and next. The latter is a rare lineup; the next

so-called tetrad of total lunar eclipses won't occur until 2032-33. In the meantime, get ready for a solar eclipse in two weeks.

## METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 7 in News, page 15 in Scene, page 17 in Life, page 18 in Work/Education, page 20 in Sports, and page 21 in Drive.

## MetroTube

### Jenga game is larger than life

ANDREW FIFIELD  
metronews.ca

I once had the dimly recalled experience of playing a drinking game version of Jenga where each block assigned you a stupid human trick to perform. Eventually, the novelty wore off and it gradually devolved into a game of classic Jenga, only louder. Years later, the realization strikes about how that game could have been improved. Heavy machinery! Not combined with the alcohol of course, but as this Caterpillar stunt proves, serious training can make even Earth-shaking technology a party game championship contender.



CAT PRODUCTS SCREEN GRAB



# Coming back to haha-haunt you

**Killing 'em with laughter.** Hollywood hasn't always cared for a shot of humour with its horror



**IN FOCUS**  
Richard Crouse  
scene@metronews.ca

If the Paranormal Activity movies curdle your blood and *The Conjuring* kept you up at night, perhaps *A Haunted House 2* will be more your style. A humorous hybrid of horror hits, it stars Marlon Wayans and Jaime Pressly in a sequel to the popular (but critically lambasted) 2013 comedy.

According to IMDB, in the new film Wayans has "exorcised the demons of his ex" and is trying to start his life anew with his girlfriend. Unfortunately his new house turns out to be haunted and, even worse, his back-from-the-dead ex has moved in across the street.

It's all played for laughs — and will likely not give audiences nightmares — but it would be interesting to know how the makers of movies like *Sinister*, *The Possession*, and *Insidious* feel about having their movies made fun of.

Some filmmakers are flattered.

Night of the Living Dead icon George A. Romero enjoyed the zombie takeoff *Shaun of the Dead* so much he asked star Simon Pegg and director Edgar Wright to appear in *Land of the Dead*. The duo can be seen chained up in a 12-second cameo under a sign that reads *Take Your Picture with a Zombie during the film's carnival sequence*.

But not everyone gets the joke.



Cedric the Entertainer, left, and Marlon Wayans in *A Haunted House 2*. CONTRIBUTED

Years ago Boris Karloff made it known he wasn't very happy about a horror comedy. He was approached to play the monster in *Abbott and Costello Meet Frankenstein*, but declined because he felt the duo's brand of slapstick would be an insult to horror movies. Nonetheless he did some promo for the film — there are publicity pictures of him buying tickets at the box office — and later appeared in *Abbott and Costello Meet the Killer*, *Boris Karloff and Abbott*

and *Costello Meet Dr. Jekyll and Mr. Hyde*.

Another horror legend said yes to *Meet Frankenstein* but no to the comedy. The movie was the only other time Bela Lugosi played Dracula on the big screen and he played it straight.

"There is no burlesque for me," he said. "All I have to do is frighten the boys, a perfectly appropriate activity. My trademark will be unblemished."

Finally, the movie *Young*

*Frankenstein* gave overdue credit to an old-time movie studio technician. When Mel Brooks was prepping the film he discovered that Ken Strickfaden, the designer of the "mad scientist" electrical machinery in the Universal *Frankenstein* films, had all the equipment from the original movies stored in his garage. Strickfaden agreed to rent Mel the props and received a screen credit, which he hadn't been given on the original films.

## That's scary stuff, kids

**"There is no burlesque for me. All I have to do is frighten the boys, a perfectly appropriate activity. My trademark will be unblemished."**

Bela Lugosi on reprising the role that made him famous, playing Dracula straight in the 1948 horror comedy *Abbott and Costello Meet Frankenstein*.

# 2 SCENE

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Andrew Garfield ALL PHOTOS GETTY IMAGES

## Garfield feels the great responsibility of filling out those tighty-Spideys

Andrew Garfield's Amazing Spider-Man costume is so skintight, he feels nearly naked — which is fine by him. "I love being naked," he tells Metro U.K. "It's important to be naked and be in touch with our bodies and not have shame about what we're made of. I love being in touch with nature and my own nature." Then there's the issue of how much the form-fitting Spidey suit reveals

in certain delicate areas, something Garfield admits was given a lot of thought. "It takes a lot of consideration because you don't want it to be underwhelming," he joked during a TV interview in Australia recently. "You don't want it to intimidate, and you don't want it to (do) the opposite of intimidate. So yes, there is thought. But ultimately you have to trust that what you have is enough."

## Kelly's plans with her Coachella posse go all Paris-shaped

Apparently there was some major drama during the first weekend of the Coachella music festival as Kelly Osbourne took to Twitter to call out Paris Hilton for an icy encounter. Sources tell Us Weekly that the bitterness started when Hilton and her posse showed up at a VIP event and asked the organizers if they could have the table where Osbourne and her crew were sitting. The organizers asked Osbourne to move upstairs, which she



Kelly Osbourne

did. Osbourne later tweeted at Hilton, "Please grow up. There is no reason to act like a child. You could of happily joined us! It's not 2005, no one cares."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Upton pays clip-on service to her boobs

MELINDA TAUB

Metro World News

Kate Upton has such an amazing body that people keep putting it on icebergs and sending it to space. Doesn't matter where you put it: She looks amazing in a bikini, parka or while weightless or, I assume, in a volcano, which is probably next. But Kate Upton herself is tired of her breasts. Probably because she has to follow them onto icebergs and into space.

"I wish I had smaller

boobs every day of my life as I love to wear spaghetti tops braless or go for the smallest bikini designs," Upton told the U.K. Sun (via Page Six). "Every single day, I'm like, 'Oh, man, it would be so much easier,' especially if people didn't constantly bring them up."

Not that Upton hates her 34Ds all the time. She just wishes they were optional. "If I could just take them off like they were clip-ons," she says.

I truly love the idea of Kate Upton, many a man's fantasy, with a nightmare closet of disembodied clip-on breasts in various shapes and sizes.

I love the idea of any woman with one of those, honestly.



Aaron Carter

## Clearing the Aaron missing Nick's nuptials

Aaron Carter was a no-show at big brother Nick Carter's wedding in Santa Barbara last weekend, but it wasn't for lack of trying. "Aaron had a contract to appear at the Cherry Blossom Festival in D.C. before Nick set his wedding date. Even though he was obligated to fulfill his contract, Aaron still wanted to make the wedding," his rep tells E! News. "There was a team of six people who worked to put

together a plan to get him to Santa Barbara by the reception so he could at least participate in the celebration. He was on his way when his US Airways plane experienced mechanical difficulties in Pittsburgh and they became grounded there. So he never made it. Aaron was legitimately busting his ass to make it to his brother's wedding. He felt awful and had every intention of being there."

### Twitter



@Pink

Trying to explain why some people are mean, my two year old interrupts and says... "Maybe they just need love"



@RebelWilson

When people name their dogs after you — is that a good thing?



@NiallOfficial

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# Touring the bottom of the boot

## Southern Italy.

All you need is a little wanderlust and wine to enjoy this beauty

AMBER  
SHORTT

amber.shortt@metronews.ca

Southern Italy may be known as the birthplace of pizza, but a tour down the boot offers a culinary, historical and esthetic experience that goes far beyond a bit of crust and marinara. For travellers hungry for an excursion away from the travel guide must-dos, the Amalfi Coast and Apulia regions are perfect for the Italian enthusiast.

### The Amalfi Coast

Those who can stomach the winding narrow roads and steep cliffs of the Amalfi Coast will be treated to beautiful, unspoiled views of the Mediterranean. Lush in greenery, the region is spotted with vertically built farms, quaint towns and pebble beaches. There is even an island or two off the azure horizon.

**Eat and stay:** Plenty of hotels dot the coastline, including the Hotel Delfino, which looks onto the island of Capri. Stop in the town of Amalfi for lunch on the beach at the Marina Grande restaurant.

**What to do:** Take in a concert at the Villa Rufolo in Ravello. The area inspired Wagner's final opera Parsifal and the



If you can stomach the winding roads, the Amalfi Coast pays out in breathtaking views. PHOTOS: AMBER SHORTT/METRO

stage looks over the coast; join a tour group for lunch at La Sorgente Farmhouse (they don't do private bookings) and see how a real Italian mamma makes mozzarella.

### The labyrinth of Matera

It may seem like you are lost in the middle of nowhere, but historic Matera's maze of walls and corridors is worth the trek off the tourist routes, especially for an '80s kid who dreamed of chasing David Bowie's Goblin King from the film Labyrinth. From the paleolithic era right

up to the 1960s, locals inhabited the Sassi di Matera (meaning "stones of Matera") — ancient cave dwellings along a canyon below the city. Some of the caves have been turned into museums, while others now house luxury hotels and restaurants.

**Eat and stay:** Take advantage of the city's history and stay at the Sant'Angelo Luxury Resort, which overlooks the canyon and caves. Matera is full of hidden cafés and restaurants — many in caves — so you can lit-

erally find your own hole in the wall.

### Time travel in Otranto

It may be located at the heel of Italy's geographic boot, but don't hold that against Otranto. The city's castle, surrounding wall and cathedral are made of sandstone, pockmarked by age and weather. Brush your



### Where to eat:

Try a pasticcio at the Pasticceria Luca Capilungo, which faces the ancient amphitheatre. For dinner, fill up on appetizers at the Osteria Degli Spiriti.

### Getting there...

For travel information, visit [airtransat.com](http://airtransat.com).

3  
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# Get up, stand up, stand up for your health

**Dancing at your desk.** With sedentary behaviour at an all-time high in Canada, it's time to make a run for it and get active, even at the office

While much attention has been devoted to monitoring the activity levels — or lack thereof — among Canadian kids, many of the country's adults are also at risk of spending too many of their waking hours being idle.

With its Sneak It In campaign, ParticipAction is encouraging adults to break up sedentary time spent commuting and sitting in the office.

To help reach that goal, adults are encouraged to take active breaks and boost their fitness levels by "sneaking in" 10-minute bursts of physical activity into their workdays.

According to Statistics Canada's Canadian Health Meas-

## Sick from the sit

**"Too much sedentary behaviour has led to increases in risk of diabetes, even heart attacks, high blood pressure, elevated cholesterol."**

Elio Antunes  
ParticipAction president

ures Survey from 2007 to '09, just over 15 per cent of the country's adults were meeting the recommended guidelines of 150 minutes of physical activity a week.

The figures for older children are similarly grim. In its annual report card on the physical activity level of children and youth released last year, Active Healthy Kids Canada revealed that only seven per cent of five- to 11-year-olds and four per cent of 12- to 17-year-olds met recommended guidelines of 60 minutes of moderate to vigorous activity daily.

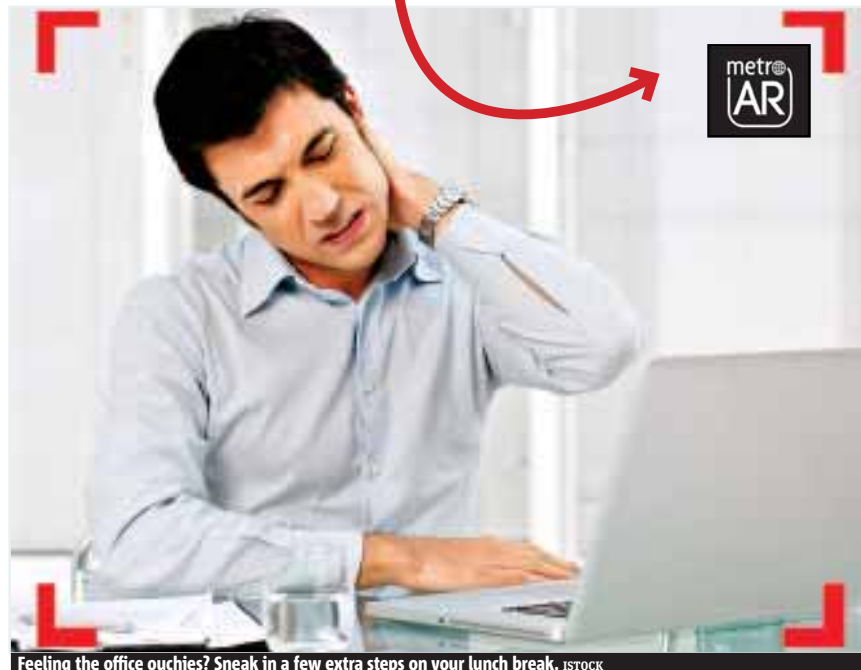
Walking quickly, skating and bike riding are examples of moderate activities, while running, basketball and soccer are examples of vigorous activities.

StatsCan found that adults spent an average of 9.5 hours a day — or approximately 69 per cent of their waking hours — in sedentary activities,

## Gallop while you gab

ParticipAction president and CEO Elio Antunes said he has colleagues who book walking into their agendas, and suggests workers go for a walking meeting rather than book a boardroom for their gatherings.

- "You're still being productive ... but you're reducing your sedentary time while being productive."



Feeling the office ouchies? Sneak in a few extra steps on your lunch break. ISTOCK

which involve little physical movement and a low expenditure of energy. ParticipAction president and CEO Elio

Antunes said long stretches of time spent sitting is detrimental to one's health and it's important for adults to

make a conscious effort to incorporate activity throughout the day to help limit potential health risks.

"Too much sedentary behaviour has led to increases in risk of diabetes, even heart attacks, high blood pressure, elevated cholesterol," he said in an interview.

"A lot of people with sore backs is due to long-term sitting. So there's a whole range of health issues that's related to too much sedentary behaviour — specifically sitting — so breaking that behaviour up will contribute to (addressing) those issues."

Antunes said adults can also wear a pedometer and aim to clock 10,000 steps within a day, and can even transform the exercise into a mini-challenge with their colleagues.

Adults don't need to devote lunch hours at the gym to see an uptick in their activity levels but can achieve their target with short bursts of everyday activities "that should get your heart rate going," he noted.

"When you're going out to lunch for that sandwich, maybe take that extra walk for 10 minutes, or park your car a bit further from the front doors or take public transit."

Antunes said he recognized that individuals are busy and that breaking up sedentary time is a challenge within today's fast-paced environment.

But it's as essential as carrying out a work assignment and can perhaps be accomplished in tandem with office-related tasks, he noted.

THE CANADIAN PRESS



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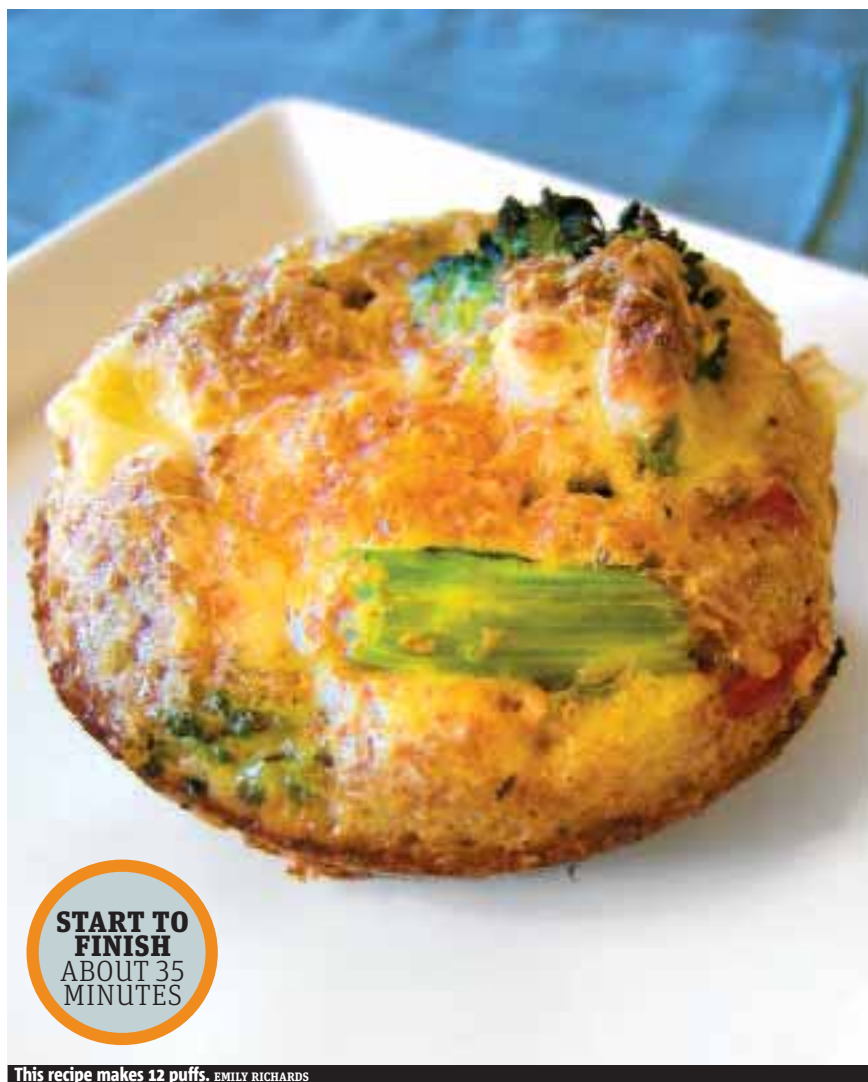
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# Think outside the dinner box



**Mini Vegetable, Ham and Egg Puffs.** Borrow from the breakfast table to make a quick and easy dinner



**DINNER EXPRESS**  
Emily Richards  
food@metronews.ca

Sometimes breakfast can be considered a comfort food and we all need a little comfort after a long days work.

That's why breakfast for dinner is a popular way to eat fast and healthy.

Keeping a pantry of staples is helpful and always having those protein-filled eggs in your refrigerator makes for endless possibilities. For example, with only a few ingredients, you can enjoy delicious vegetables among eggs that are baked. All it takes to

#### Cooking tips

- Using muffin tins to make these helps create a perfect size for everyone big and small in the family. Easy enough to take on the run when time is crunched or for those late-night dinners.
- These can be made up to 2 days ahead and kept refrigerated to be reheated quickly in the microwave.

round out your meal is salad and crusty bread. These little puffs are perfect to enjoy on the run as well.

1. In skillet, heat oil over medium heat and cook onion and pepper 2 minutes or until softened. Add broccoli, ham, thyme and pepper; cover and steam 3 minutes or until tender crisp and bright green. Divide mix among 12

greased muffin tins. Sprinkle cheese over top of vegetable mixture.

2. In bowl, whisk together, eggs, egg whites, milk, bran and whole wheat flour. Pour evenly over vegetable and cheese mixture. Bake in 400 F (200 C) oven for about 20 minutes or until golden, set and puffed. Let cool slightly before serving.

#### Ingredients

- 1 tsp (5 ml) canola oil
- 1/4 cup (60 ml) diced onion
- Half a red bell pepper, diced
- 1 cup (250 ml) chopped broccoli
- 1/2 cup (125 ml) chopped ham
- 1/2 tsp (2 ml) dried thyme
- 1/4 tsp (1 ml) black pepper
- 1/2 cup (125 ml) crumbled feta cheese
- 4 eggs
- 2 egg whites
- 1 cup (250 ml) skim milk
- 1/4 cup (60 ml) wheat bran
- 1/4 cup (60 ml) whole wheat flour



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ABOUT 35  
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This recipe makes 12 puffs. EMILY RICHARDS

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# It's a waiting game

**OHL.** London Knights brass still formulating plan to keep club fresh ahead of long Memorial Cup layoff



**DAVE LANGFORD**  
dave.langford@metronews.ca

The defence may rest, but London Knights general manager Mark Hunter never does.

Of course with the Knights, it's also the goaltending and forwards who have taken an unplanned mid-post-season vacation.

This comes after losing in five games to the Guelph Storm in the OHL conference semifinals last Friday.

Next up for them will be the Memorial Cup tournament beginning May 16 where they will be the host team, entertaining the three champions from the Ontario, Quebec and Western leagues.

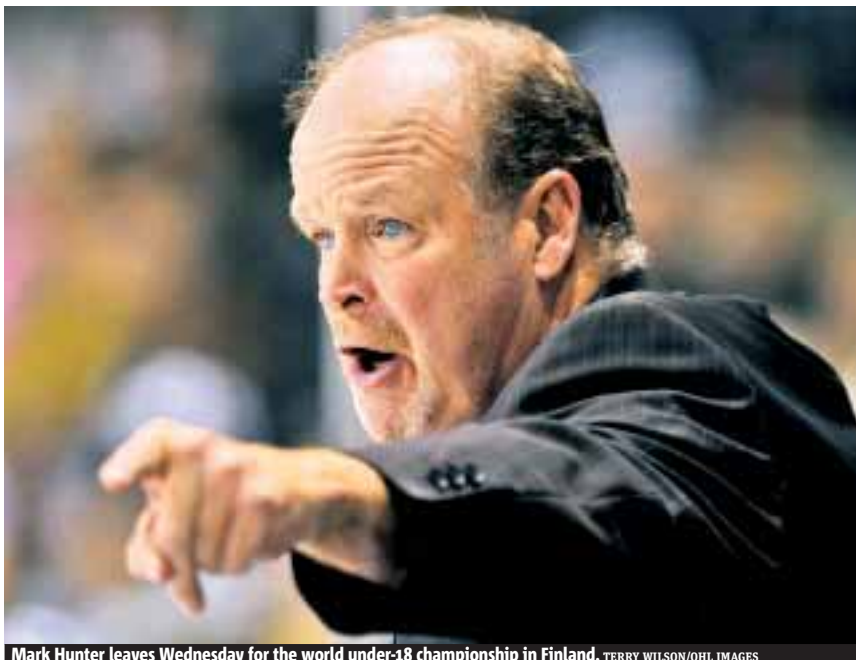
The Knights have been given this week off and will regroup next Tuesday for practice ahead of the second-ever Memorial Cup in London, Hunter said.

Meanwhile, Hunter leaves Wednesday for the world under-18 championship in Finland until Sunday.

"Just trying to get things arranged for it," Hunter said Tuesday. "Just scouting. (Hockey Canada) wanted me to stay over there for the whole thing but that ain't happening."

And while Hunter is away, Dale Hunter and the remainder of the coaching team are making phone calls, attempting to put together a game plan.

"We're looking into what some teams have done over that haul. Shawinigan had a lot of pop in that Memorial Cup for



Mark Hunter leaves Wednesday for the world under-18 championship in Finland. TERRY WILSON/OHL IMAGES

## Injury update

### Bell return in the works?

The Knights are still facing some serious injury challenges.

The most serious resides with 21-year-old defenceman Zach Bell, who broke his leg in Game 4 against Windsor.

"We're doing our darndest, and we're trying hyperbaric chamber treatment to get the swelling down. He's walking on it

now," Mark Hunter said. "It's looking better, but it's a long way to go yet."

Fellow defenceman Brady Austin is also sidelined with mono and will have an ultrasound on his spleen Wednesday.

The Max Domi shoulder sprain will be a thing of the past.

"Physically, I just think these guys need a little break now and that won't hurt them to have a break," Hunter said.

being off for a long time," Mark Hunter said.

Shawinigan, despite going in as the host team in 2012,

won the Memorial Cup, beating the Knights 2-1 in overtime in the title game.

"Do we have a game plan set

yet, no we don't. Are we really looking into it? Yes, we are," Mark Hunter said.

One worry the Knights won't have is the status of goalie Anthony Stolarz. Despite only serving six games of his eight-game suspension picked up against Windsor, the OHL has waived the final two and he will be eligible to play immediately.

"I think we have two competent goalies with (Jake) Patterson and Stolarz. Would we liked to have Stolarz playing in the last series? Yes we would (have). But at the end of the day, Patterson is a good goalie also," Hunter said.

The Knights will do some scouting once the leagues get down to the final two in each. The Quebec and Western leagues will be included.

## 25th anniversary

### Victims of stadium disaster remembered

The global soccer community united Tuesday to mark the 25th anniversary of the Hillsborough Stadium disaster in which 96 Liverpool fans were crushed to death during an FA Cup semifinal.

The focal point on a day of commemoration and remembrance was Anfield, where Liverpool players past and present and the families of the victims were among the estimated 30,000 people who attended a moving memorial service.

THE ASSOCIATED PRESS



Scan the above image with the Metro News app to see a photo gallery of the memorial service. CHRISTOPHER FURLONG/GETTY IMAGES

## NHL



"For now, we don't have the ultimate answer to give you.

We're embarrassed by what just went down."

Maple Leafs head coach Randy Carlyle trying to explain the Maple Leafs' collapse in a press conference Tuesday

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## 2015 Chrysler 200

- **Type.** Four-door, front-/all-wheel-drive mid-size sedan.
- **Engines (hp).** 2.4-litre SOHC I4 (184); 3.6-litre DOHC V6 (295)
- **Transmission.** Nine-speed automatic
- **Base price (incl. destination).** \$24,200

## Market position

Chrysler is stepping up its game in the mid-size category with the kind of styling, content and power that will make most sedan shoppers forget all about the automaker's previous Sebring/200 efforts.

## Points

- All-new look is right on the money and outclasses many of its competitors
- Base four-cylinder engine delivers impressive fuel economy and the V6 has a reputation for impressive power
- Rotary-dial shifter saves space and de-junks the console
- North American design



and Italian structure makes for an interesting and competitive combo.

## Safety

Front airbags; side-impact airbags; side-curtain airbags; front knee airbags; anti-lock brakes; traction control; stability control. L/100 km (city/hwy) 8.4/5.7 (2.4, est.)

# Chrysler's high-fashion sedan

PHOTOS: WHEELBASEMEDIA.COM



## Compare



**1 Ford Fusion**  
Base price: \$24,200  
Attractive sedan offers several engine choices, including two hybrids.



**2 Nissan Altima**  
Base price: \$25,300  
Comfy seats and thrifty I4 make Altima an ideal long-distance traveller.



**3 Volkswagen Passat**  
Base price: \$25,400  
U.S.-built sedan has I4 and V6 engines plus turbo-diesel.

**Review.** With a 2.4-litre four-cylinder producing 184 horsepower, the Chrysler 200 has style and substance

MALCOLM GUNN  
wheelbasemedia.com

Like some supermodel sa-shaying down the runway, the Chrysler 200 made its much-anticipated entrance at the 2014 North American International Auto Show in Detroit, Mich., in January.

Was it worth the wait?

If first impressions count, the answer is yes. The Detroit-built high-fashion sedan with

its decidedly Italian underpinnings is a far cry from the previous-generation model, both in style and content.

From any angle, the Chrysler 200 has a leading-edge contemporary look that's very easy on the eyes.

The interior is as attractive as the sheet metal, with easy-to-view primary gauges, plus-sized control knobs and optional 21-centimetre touch-screen display (a 10-centimetre screen is the base unit). But what really stands out is the absence of a floor shifter that has been replaced by a console-mounted knob, just like the one in Chrysler's Ram 1500 pickup.

An issue with the previous 200 was the old base four-cylinder engine that was shy



With a totally new car, you get a totally new — and great looking/feeling — interior . . . without a traditional gear changer. Instead, you get a rotary dial.

on power and fuel efficiency. That has been rectified with a new 2.4-litre four-cylinder that produces 184 horsepower and 173 pound-feet of torque (up from the 173/166 rating of

the previous 2.4). The engine, which is standard in Chrysler's Jeep Cherokee and optional in the Dodge Dart, connects to a nine-speed automatic transmission that should help the 200

achieve about 8.4 l/100 km in the city and 5.7 on the highway.

The nine-speed is also mated to the optional 3.6-litre V6 that's a mainstay in other Chrysler products. This particular iteration makes 295 horsepower and 262 pound-feet.

Although a front-wheel drive vehicle, the 200 can be had with all-wheel-drive, but only if the V6 is ordered.

In normal operating conditions, the rear axle is completely disconnected, which Chrysler claims reduces parasitic losses by up to 80 per cent when compared to other systems with their continuously rotating axle shafts. That helps fuel economy and likely saves wear and tear on various drivetrain components.

# 5 DRIVE



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**Wise customers read the fine print:** \*, †, ‡, § The Ram Truck offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after April 1, 2014. Offers subject to change and may be extended without notice. All pricing includes freight (\$1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. \*\$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excludes Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/lessees of a Dodge or Ram pickup truck or any other manufacturer's pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before April 1, 2014. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your retailer for complete details. \*Consumer Cash Discounts are deducted from the negotiated price before taxes. †4.29% purchase financing for up to 96 months available on the new 2014 Ram 1500 Quad Cab SXT 4x4 (23A+AGR) models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2014 Ram 1500 Quad Cab 4x4 SXT (25A+AGR) with a Purchase Price of \$26,295, with a \$0 down payment, financed at 4.29% for 96 months equals 208 bi-weekly payments of \$150 with a cost of borrowing of \$4,816 and a total obligation of \$31,111.33. ‡Finance Pull-Ahead Bonus Cash and 1% Rate Reduction are available to eligible customers on the retail purchase/lease of select 2014 Chrysler, Jeep, Dodge, Ram or Fiat models at participating retailers from April 1 to 30, 2014 inclusive. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes. 1% Rate Reduction applies on approved credit to most qualifying subvented financing transactions through RBC, TD Auto Finance and Scotiabank. 1% Rate Reduction cannot be used to reduce the final interest rate below 0%. Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Fiat models with an eligible standard/subvented finance or lease contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See retailer for complete details and exclusions. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. \*Based on 2014 EnerGuide highway fuel consumption ratings. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. 2014 Ram 1500 4x2 model with 3.0L EcoDiesel V6 and 8-speed automatic—Hwy: 7.1 L/100 km (40 MPG) and City: 10.2 L/100 km (28 MPG). ••With as low as 7.1 L/100 km (40 MPG) highway. ±Best-selling based on IHS Automotive: Polk Canadian new vehicle registrations through October 2013 for large diesel pickups under 14,000 lbs GVW. \*Longevity based on IHS Automotive: Polk Canadian Vehicles In Operation data as of July 1, 2013, for model years 1994-2013 for all large pickups sold and available in Canada over the last 20 years. §Based on 2500/F-250 and 3500/F-350 full-size pickups. ††The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

**SiriusXM**

**DODGE  
CARAVAN KIDS**  
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA



## Horoscopes

### Aries

March 21 - April 20

There is no point trying to get partners and colleagues' approval for what you are planning while the effects of yesterday's eclipse still linger. Either push ahead on your own or wait until they are in a more receptive frame of mind.

### Taurus

April 21 - May 21

Refuse to get uptight about the little things that go wrong. At home and work it will seem as if people are deliberately letting you down but the truth is everyone is a bit confused, so make allowances.

### Gemini

May 22 - June 21

The only way you're going to move forward with a project is if you get backing from people who can help you overcome the obstacles you are going to face. Give it another day or two to say, "yes".

### Cancer

June 22 - July 23

It isn't worth wasting time and energy fighting about something that means nothing to you. Later on in the month you will get the chance to do battle for a worthwhile cause.

### Leo

July 24 - Aug. 23

You may have to defend what you believe in today, and you should do so with every weapon at your disposal. Don't ever forget that you are as entitled to your viewpoints.

### Virgo

Aug. 24 - Sept. 23

It isn't time for making money-related decisions. If you give yesterday's eclipse a few days to wane, you may find that what you thought was a good deal wasn't.

### Libra

Sept. 24 - Oct. 23

Partners and colleagues have the upper hand right now. There are powers that cannot be beaten by charm or force of personality, of which you have plenty. Just stay calm.

### Scorpio

Oct. 24 - Nov. 22

No matter how eager you are to begin something you have every reason to believe will bring you fame and fortune, it might be best to wait. The Sun's change of signs on the weekend could lead to a change in your priorities.

### Sagittarius

Nov. 23 - Dec. 21

You can and will succeed a lot quicker if you get help from people who share your ambitions. Teamwork is the way to move forward and that, of course, means compromise.

### Capricorn

Dec. 22 - Jan. 20

You may have to own up to a transgression today but the moment you do, you will feel a lot better for it. You have been carrying a lot of burdens lately, not least the burden of a guilty conscience. Get past it.

### Aquarius

Jan. 21 - Feb. 19

If you feel the need to go out and have a good time then do so and don't feel guilty about it. Put your troubles behind you and do whatever makes you feel glad to be alive.

### Pisces

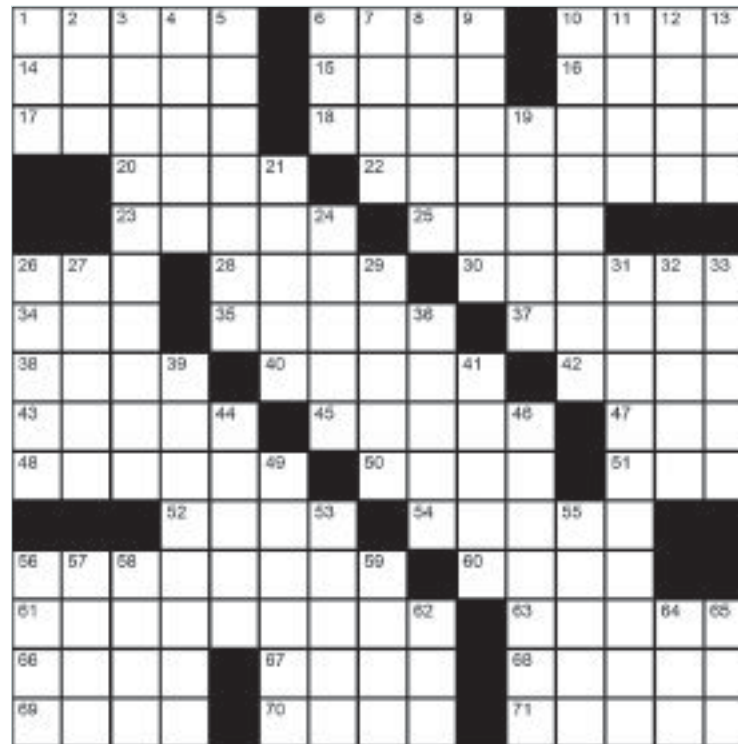
Feb. 20 - March 20

You seem to reckless lately and if yesterday's eclipse somehow failed to remind you that's not a good thing to be then today's Mars-Mercury link most certainly will. Don't ignore warnings. SALLY BROMPTON

## Crossword: Canada Across and Down

### Across

- 'Herbie' of movies, e.g., \_\_\_
- Mr. Lugosi
- Objective
- "That's \_\_\_!" (Remark to the naughty)
- Eddie's "Beverly Hills Cop" (1984) role
- Medical condition suffix
- It takes \_\_\_ tango
- Yellow blooms of Spring
- Pickle
- Leonard Cohen's "So Long, \_\_\_"
- People of Eng.
- Puppy's protest!
- 1996 Snoop Dogg album: '\_\_\_ Dog-gfather'
- Apiece
- 1994 Green Day album
- Low-\_\_\_ (Fuzzy, as images)
- Journalist's coup
- Salt- \_\_\_
- Hill-making creatures
- Harold's pal (played by Kal Penn) in movies
- Gibraltar, et al.
- Previous
- Freshen
- Tit-for-\_\_\_
- Ontario: Community in Prince Edward County
- Slangy sure



- Fleur-de-\_\_\_ [var. sp.]
- Riot
- Extra tire
- "\_\_\_ Highway" by Gordon Lightfoot
- \_\_\_ one's toe
- Sops up again
- Like a cloudless

- day
- Military force
- Odd, to a Scot
- Lionel Richie song
- Supermodel Kate
- Feline's utterance
- "Over the Rainbow" co-composer, Harold \_\_\_

### Down

- Cistern
- Compass pt.
- Dream Warriors hit: "My Definition of a \_\_\_ Jazz Style"
- Beneath: German
- J.Lo gets them after moving "American

- Idol" performances
- Not good
- Crammed for thing
- Arthurian legend sorceress, Morgan \_\_\_
- The Dark Knight's trusted aid
- Colas: 2 wds.

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

BY KELLY ANN BUCHANAN

- Pet Shop Boys hit: "It's \_\_\_"
- Ceramics oven
- Feminine suffix
- Pour \_\_\_ troubled waters
- Heap
- Do heavy duty Spring cleaning
- \_\_\_ Family Singers
- Montreal-born politician Mr. Bourassa (b.1868 - d.1952)
- Comfortable
- Cute-looking gym weight
- "\_\_\_ everyday that..." ("Holy"-sounding wish)
- Map's to-the-right directions
- Window parts
- World famous auctioneer
- Collects, as grains
- "Sunny" car areas
- Chilliwack hit: "\_\_\_ Gonna Do (When I'm Gone)"
- "We're Full" meaning at an inn: 2 wds.
- \_\_\_-Neuve-et-Labrador
- Throne occupant
- Prepare for the test hurriedly
- Bubbly bar
- Slams
- River of Spain
- Visited
- Alcoholic beverage
- J.K. Rowling character

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku

